



Kirkby and Great Broughton CE VA Primary School

PE Policy

This policy expresses the school's vision for the teaching and learning of Physical Education. It sets out the aims; planning of the curriculum, assessment and monitoring. It is based on the National Curriculum for Physical Education 2014.

Rationale

In our school Physical Education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. These include dance, games, gymnastics, swimming & water safety and outdoor education. It promotes positive attitudes towards active and healthy lifestyles. Physical Education in our school promotes self-esteem, respect for others and fosters a spirit of co-operation.

Aims

- To value the importance of being active as part of a healthy lifestyle.
- To help pupils to develop a healthy and active lifestyle by providing activities that develop positive attitudes towards exercise;
- To value the place of challenge and develop a desire to set and achieve personal goals in physical exercise, activity and sport;
- To develop mobility and flexibility, stamina and strength through active participation;
- To appreciate the place of physical exercise in developing self-esteem and self-confidence;
- To provide all children with an equal opportunity regardless of gender, religion, race and ability;
- To provide lessons and activities that are fun and ensure pupils are active for the majority of time;
- To ensure all pupils have access to a complete range of curriculum/activity areas;
- To teach lessons and provide activities in a safe, secure environment;
- To develop the understanding of the need to practise working safely by showing self-discipline and awareness of others;
- To create opportunities for pupils to develop thinking, communication, leadership and responsibility skills;
- To provide links between the school and the wider community and across cultures within a physical activity context;
- To provide/promote any appropriate out of school hours physical activity.

Teaching and Learning

We use a variety of teaching and learning styles in PE lessons. Our principle aim is to develop the children's knowledge, skills and understanding and we do this through a mixture of whole-class teaching and individual/group activities. Teachers draw attention to good examples of individual performance as models for the other children and we encourage the children to evaluate their own work as well as the work of others. Within lessons we give the children the opportunity to collaborate and to compete with each other, and have the opportunity to use a wide range of resources. We wish to develop creativity in our pupils and help them to be willing and confident to share ideas and take responsibility.

PE curriculum planning

PE is a foundation subject in the National Curriculum which is the basis for our PE curriculum planning. As specified we teach dance, games and gymnastics at KS1. In KS2 we teach dance, a variety of games, gymnastics, swimming & water safety. Outdoor and adventurous activity is provided for year six pupils through residential visits. The school's long term plan maps out the PE provision for each year group across the six terms.

The physical development of our EYFS children is encouraged as an integral part of their curriculum, using the objectives set out in the EYFS Non-Statutory Development Matters Guidance. Children are encouraged to develop confidence, spatial awareness, gross and fine motor control. Children are given the opportunity to undertake regular activities that offer appropriate physical challenge (indoors and outdoors) using fixed and moveable resources to support specific skills.

Assessment

Ongoing observational assessment is made by the class teacher during each lesson, the outcomes of which inform the planning for the next session. Core Assessment Tasks are used at the end of a series of PE lessons to assess attainment and progress made in a specific PE field.

Assessment records are kept by the class teacher detailing the children's attainment for PE. These records are passed onto the next teacher and are shared with the parents through their child's annual report.

Monitoring

PE provision, attainment and progress will be reviewed and monitored by staff and Governors to ensure the teaching and learning remains effective, workable and continues to meet the requirements and needs of all our pupils.

Equal opportunities

Teachers differentiate their learning opportunities to ensure the individual needs of more able and SEN pupils are met. Some children may require additional support during PE and this is provided when required by a PSA or teacher. We ensure that all our PE and games has equality of access throughout Foundation Stage, KS1 and KS2. Lessons are all mixed gender and sporting fixtures with other schools are mixed gender.

Resources

There are many resources to support the teaching of PE and the promotion of an active lifestyle available in school. Equipment, including a well resourced Huff and Puff trolley for lunchtime active play, is kept in the PE store and in the school hall. The hall contains a range of large apparatus and we expect children to help set up and put away this equipment, under supervision. By doing this the children learn how to handle equipment safely. The children use the school playground and field for games, weather dependent, and the local swimming pool for swimming lessons. All gym and outdoor climbing/balancing apparatus is checked annually by a health and safety contractor.

Health and Safety

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area. The teachers are expected to set a good example by wearing appropriate clothing when teaching PE. No jewellery is to be worn for any physical activity, which is in accordance with LEA health and safety recommendations.

When swimming, children are supervised by lifeguards, employed and trained by the pool. Out of the water and in the changing areas the children are supervised by school teaching staff. Pool rules are adhered to by all.

Within hall sessions the children are encouraged to look for any dangers in the hall before a session begins. Any dangers are removed by staff. The children will not touch any dangerous materials on the school field.

Extra-curricular activities

The school provides a range of PE related activities for children at the end of the school day and lunch times. The school also plays regular fixtures against other local schools. This introduces a competitive element to team games and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and co-operation amongst our children.

Policy Review

The policy will be reviewed annually by the PE subject leader and leadership team and shared with the school community.

Date of Policy : March 2023

Date of Review : Spring 2026